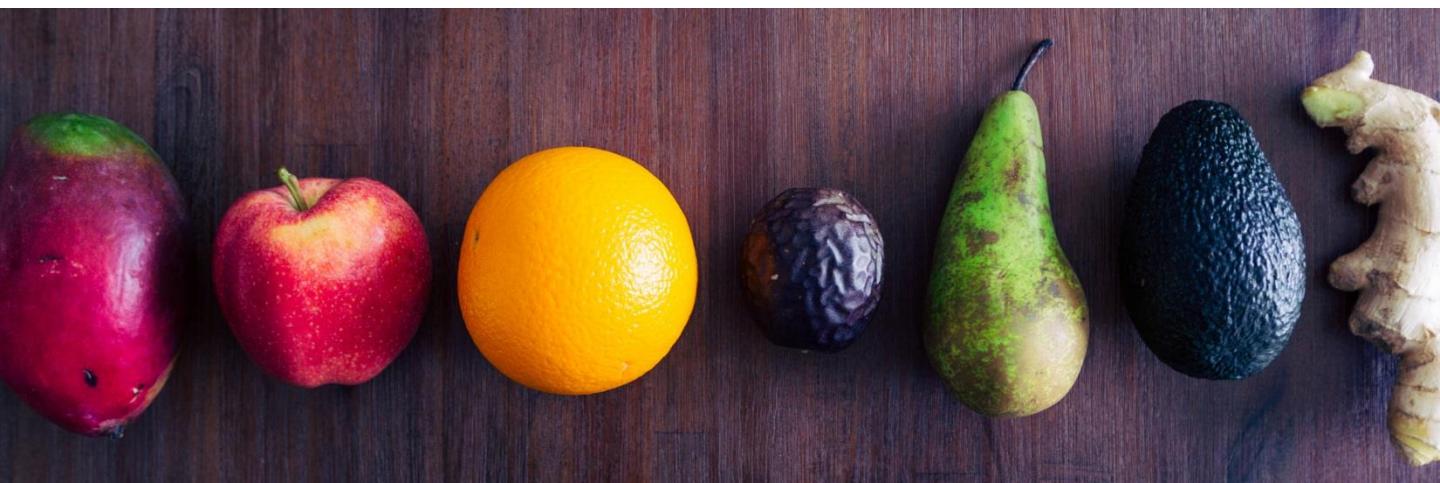




**Smooth**me

**smooth\_\_me**



## *Acai Smoothie*



- 3-4 tbs of acaí powder
- ½ cup of almond milk
- 1 banana
- ½ cup of frozen blueberries
- ½ cup of frozen raspberries
- 1 tbs of hemp seeds
- 1 tbs of cider vinegar
- pinch of pepper